

# Values

## My Top Priorities

What do I enjoy? What do I care about?

Does this help me better understand what is important to me?

Does this help me better focus on what's important to me.

Abundance	Contribution	Flow	Modesty	Religion
Acceptance	Control	Focus	Motivation	Self-reliance
Accuracy	Cooperation	Freedom	Nerve	Serenity
Achievement	Correctness	Friendship	Obedience	Service
Acknowledgment	Courage	Frugality	Optimism	Sexuality
Adaptability	Courtesy	Fun	Order	Significance
Adventure	Creativity	Generosity	Organization	Silence
Affection	Credibility	Giving	Originality	Simplicity
Age	Curiosity	Grace	Partnership	Spirituality
Altruism	Deference	Gratitude	Passion	Spontaneity
Ambition	Dependability	Growth	Peace	Stability
Appreciation	Determination	Happiness	Perfection	Strength
Approachability	Dignity	Harmony	Perseverance	Structure
Art	Diligence	Health	Persistence	Success
Attentiveness	Discipline	Helpfulness	Personal Power	Support
Attractiveness	Diversity	Humility	Pleasure	Survival
Audacity	Drive	Humor	Possessions	Teamwork
Balance	Duty	Imagination	Power	Thoroughness
Beauty	Ease	Impact	Preparedness	Thrift
Belonging	Economy	Independence	Pride	Time
Boldness	Education	Individuality	Privacy	Trust-worthiness
Bravery	Effectiveness	Industry	Productivity	Understanding
Brilliance	Efficiency	Ingenuity	Professionalism	Uniqueness
Calmness	Empathy	Intelligence	Prosperity	Unity
Capability	Encouragement	Intuition	Punctuality	Usefulness
Celebrity	Endurance	Inventiveness	Reason	Variety
Certainty	Energy	Joy	Recognition	Victory
Challenge	Enthusiasm	Justice	Recreation	Wealth
Charity	Environmentalism	Kindness	Relaxation	Wellness
Charm	Excellence	Knowledge	Reliability	Willingness
Clarity	Excitement	Learning	Resilience	Winning
Cleanliness	Experience	Liberty	Resolution	Wisdom
Comfort	Expertise	Life	Resolve	Worthiness
Commitment	Fairness	Logic	Resourcefulness	Youthfulness
Community	Fame	Loyalty	Respect	
Compassion	Family	Making a difference	Rest	
Competition	Fidelity	Mastery	Sacrifice	
Completion	Fitness	Meaning	Satisfaction	
Composure	Food	Mindfulness	Security	
Confidence	Exercise	Patriotism	Self-control	
Connection	Flexibility	Nutrition	Politics	